

# Ден соолук бурчу

The image shows a collection of educational brochures pinned to a green bulletin board. The main title at the top is "Ден соолук бурчу" (Health Burden). The brochures are:

- Кургак учук** (Dry Cough): Multiple copies, featuring a daisy logo and text about symptoms and prevention.
- COVID-19ГА КАРШЫ ВАКЦИНА** (COVID-19 Vaccine): A brochure with a doctor illustration and text: "COVID-19га каршы эмдөө алдын алуудагы эффективдүү чара" (Effective measure for preventing COVID-19). It also includes the slogan "ВАКЦИНА СӨЗДИН ЖАНА АЙЛАНАДАГЫЛАРДЫН ДЕН СООЛУГҮН КОРГОЙТ" (Vaccine will protect the health of you and those around you).
- КУРГАК УЧУК ТУУРАЛГУУ КӨБТҮРӨК БИЛ** (More Knowledge About Dry Cough): A brochure with a daisy logo and USAID/USA logos.
- ТАМАКТАНУУ БОЮНЧА МАЛЫСУ** (Nutrition): A brochure with illustrations of fruits and vegetables.
- МУТАЛДИМЕ КОЛДОШМО НИГЕ КҮРТ ООРУЛАРЫ ТУУРАЛУУ** (Common Diseases and Their Prevention): A brochure with a table of diseases and prevention methods.
- СИЗ МИТЕ-КҮРТ ООРУЛАРЫ МЕНЕН ООРУАЙСЫЗ АЭР** (You Don't Catch Diseases from Air): A brochure with illustrations of people and a globe.

Logos for USAID and USA are visible on several brochures. The brochures are held in place by red string ties.



# Ден-соолук бурч

## Тазалык -

### Омикрон

СИЗ МИТЕ-ЮРА ООРУНАРЫ МЕНЕН ОРУБАМЫЗ ЭГЕН



Handwashing, wearing a mask, and social distancing are key measures to prevent the spread of the Omicron variant.

## Гигиенанын

### Жал

#### Симптомы ШТАММА КОРОНАВИРУСА «ОМИКРОН»\*

Сухой кашель, Лихорадка, Новая потеря вкуса, Голова в вращении, Сильная усталость



Hand hygiene and social distancing are essential for preventing the spread of the Omicron variant.

